

Cleaning and Disinfecting High Touch Surfaces

Many surfaces inside your home are frequently touched by household members throughout the day. These are called ‘High Touch Surfaces.’ You can limit the transmission of dirt, bacteria, and viruses by following a daily routine. COVID-19, which is caused by a virus, requires cleaning and disinfecting practices to make your home a healthier place. High touch surfaces in your home can vary depending on the items in your home and the daily routines of household members.

Effective October 2020

Cleaning, Sanitizing, and Disinfecting:

Select the right product to clean, sanitize, or disinfect. Cleaners remove surface dirt and foreign substances. Sanitizers eliminate some bacteria and viruses. Overall, disinfectants eliminate most bacteria and viruses. When buying disinfectants, look for an EPA registration number. Don’t assume a product disinfects unless it is printed on the label. Always follow directions on labels and store cleaners safely.

Tips for Success:

Start by washing hands with soap and water and assemble cleaning supplies. Protect skin with a long sleeve shirt, long pants, closed toe shoes, eyewear, and non-latex gloves. Leave the product on the surface wet for the recommended time; this is called contact (dwell) time and usually lasts 3 to 10 minutes. Then, wipe then surface dry. Remember, clean surfaces first to remove surface dirt, then apply disinfectant.



GENERAL

- Light switches and plugs
- Handrails
- Door handles
- Trash cans
- Ceiling fan and lamp pull chains
- Buttons and knobs
- Cords
- Electrical outlets
- Appliance handles

ENTRANCES & EXITS

- Handles and locks
- Storm and exterior doors
- Door mats and rugs
- Doorbells
- Garage doors/openers
- Keys and key chains/fobs
- Touchpads
- Mailbox
- Windows

FAMILY/LIVING/GAME ROOM

Remotes
Game controllers
Toys
Electronics
Consoles
Exercise equipment

KITCHEN

Countertops
Faucets, sinks, & sink strainers
Stovetops and oven
Microwave oven
Refrigerator/Dishwasher
Coffee maker
Doors, Cabinets and Drawers
Paper towel dispenser
Trash can and lid
Lunch boxes/bags
Pet feeding areas and accessories

HOME OFFICES

Desktops
Drawers/bins and handles
Chair back and armrests
Laptops/computers
Keyboard and Mouse
Printer/scanner
Scissors/hole-punch
Calculators
Backpacks

BATHROOM

Toilet
Sinks & faucets
Countertops
Mirror
Bathtub/shower and handles
Dental appliances
Hair care appliances/products
Medicine containers

BEDROOMS

Tops of vanities,
bureaus and bedside tables
Alarm clock
Closet door and bureau handles
Shelves
Hamper
Bedding (weekly)

DINING AREA

Tabletop
Chairs/stools

LAUNDRY ROOM

Washing machine
Dryer
Iron
Laundry baskets

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